

DAY 2 - THURSDAY 4TH SEPTEMBER			
Venue - Management School, South Campus			
Time	New RAs	New PRAs	HSC RAs
8.30am	Arrival teas and coffees Location: First floor breakout space	Arrival teas and coffees Location: First floor breakout space	<u>CONTINUING RAs:</u> Continuing RAs who will also be HSC RAs in 2025/26 should attend HSC RA training on the afternoon of day two. If you are a continuing RA attending HSC RA training on this day you are invited to arrive early for the lunch being served from 12.15pm. If this is your first day at the Conference, please register with the Halls Life team on your arrival and before heading into the training at 1pm. <u>NEW RAs:</u> New RAs who will be a HSC RA in 2025/26 should NOT attend HSC RA training on this day and should instead attend the core training for new RAs taking place during the afternoon. The HSC Coordinator and Student Engagement Officer will arrange catch up training with you at a later date.
9am	Being Mental Health Aware - starting the conversation <i>Barry Farrington , University Mental Health Advisory Service</i> This session commences and 9am, running to 11am (2 hours). It will focus on mental health and mental illness, to include discussion about stigma, how to start a conversation about mental health, and what resources are available to you in your role. Location: TBC	Being Mental Health Aware - starting the conversation <i>Barry Farrington , University Mental Health Advisory Service</i> This session commences and 9am, running to 11am (2 hours). It will focus on mental health and mental illness, to include discussion about stigma, how to start a conversation about mental health, and what resources are available to you in your role. Location: TBC	
11am	Break (15 mins) Location: First floor breakout space	Break (15 mins) Location: First floor breakout space	
11.15am	Suicide Awareness <i>Alex Drake , University Mental Health Advisory Service</i> This session will look at the topic of suicide, to aid you in being able to identify risk, initiate conversations about suicidal ideation, and explore how to respond to a suicidal student; as well as addressing some common misconceptions about suicide. Location: TBC	Suicide Awareness <i>Alex Drake , University Mental Health Advisory Service</i> This session will look at the topic of suicide, to aid you in being able to identify risk, initiate conversations about suicidal ideation, and explore how to respond to a suicidal student; as well as addressing some common misconceptions about suicide. Location: TBC	Arrival and Lunch (45 mins) Location: First floor breakout space HSC RA training <i>Hannah Keaney (Student Engagement Officer in the Halls Life Team)</i> <i>Tara Codling (HSC Coordinator at the Guild of Students)</i> Preparing you to undertake your role as a HSC RA for 2025/26. This session will look at role expectations, support for HSC RAs during the 2025/26 academic year, as well as practicalities for HSC promotion and recruitment and training in the coming weeks. Location: TBC
12.15pm	Lunch (45 mins) Location: First floor breakout space	Lunch (45 mins) Location: First floor breakout space	
1pm	Boundaries & Confidentiality <i>Alex Drake , University Mental Health Advisory Service</i> This session will discuss the important topics of boundaries and confidentiality in relation to the RA role. Location: TBC	Boundaries & Confidentiality <i>Alex Drake , University Mental Health Advisory Service</i> This session will discuss the important topics of boundaries and confidentiality in relation to the RA role. Location: TBC	
2pm	Anxiety in the context of HE <i>Chloe Flude , University Mental Health Advisory Service</i> This session will focus on anxiety, looking at resources, signposting and skills and handy hints for supporting those experiencing anxiety. Location: TBC	Anxiety in the context of HE <i>Chloe Flude , University Mental Health Advisory Service</i> This session will focus on anxiety, looking at resources, signposting and skills and handy hints for supporting those experiencing anxiety. Location: TBC	
2.45pm	Break (15 mins) Location: First floor breakout space	Break (15 mins) Location: First floor breakout space	Finish 2.45pm
3pm	Self care <i>Cath Forfar, University Mental Health Advisory Service</i> Looking at the important topic of managing your own wellbeing in the RA role. Location: TBC	Self care <i>Cath Forfar, University Mental Health Advisory Service</i> Looking at the important topic of managing your own wellbeing in the RA role. Location: TBC Finish 3.40pm unless attending first aid (see below)	
3.40pm	First Aid <i>Katie Lynch , Sport Liverpool</i> This session provides an introduction to basic and essential first aid for the RA role. Further training in certified first aid is a mandatory part of the in-year RA CPD programme. More details on this will be provided in due course. Location: TBC	First Aid <i>Katie Lynch , Sport Liverpool</i> This session is optional for PRAs to attend. It will provide an introduction to basic and essential first aid for the RA role focused on issues RAs may come across in the course of their overnight duties. Whilst PRAs do not undertake overnight duties, you may wish to attend this session for additional knowledge and skills development purposes. Location: TBC	
4.40pm	Finish 4.40pm	Finish 4.40pm	